***4 Clients in 4 Weeks***

**Daily Checklist**

**Your Name: Date:**

**Your Comments:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Action** | **Y/N** | **#** | **Ease** | **Comments**  |
| **Your Divine Energy Actions** |  |  |  |  |
| \*DCA-Heart-to-Heart Visualization |  |  |  |  |
| \*DCA-Affirmations |  |  |  |  |
| Tapping |  |  |  |  |
| I Can Have That! Energy Exercise |  |  |  |  |
| Figure-8 Energy Technique |  |  |  |  |
| \*\*\*Divine Check-in  |  |  |  |  |
|  |  |  |  |  |
| **Your Divine Actions** |  |  |  |  |
| \*\*DCS Invitations |  |  |  |  |
| \*\*DCS Invitation Follow-Up(s) |  |  |  |  |
| Divine Connection Sessions |  |  |  |  |
| Strategy Session Invitation(s) |  |  |  |  |
| Strategy Session(s) |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
| **Other Exercises** |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |

\*DCA – Divine Client Attraction

\*\*DCS – Divine Connection Session

\*\*\*Divine Check-in – *“Who wants me to reach out to them?”*

Ease = Scale of 1-10 (1=easiest and 10=hardest)

# = Number of times you did this action this week

**Your Divinely-Inspired Action Notes:**

**Frequency of Exercises**

* **Divine Energy Exercises:**
	+ ***Divine Client Attraction Heart-to-Heart*** Visualization – Daily
	+ ***Divine Client Attraction*** Affirmations – Daily
* **Divine Mindset Exercises:**
	+ ***I Can Have That!*** Exercise – As needed
	+ Tapping – Daily
* **Divine Connection Exercises:**
	+ ***Divine Connection Session*** Invitations – 5-10/day (or as many as you can do)
	+ ***Figure-8 Energy*** Technique – Before & during each Divine Connection Session
	+ ***Divine Connection Sessions*** – 3-5/day
	+ ***Strategy Session*** Invitations – 3+/week
	+ ***Strategy Sessions*** – 1-3/week (or as many as you can do)