

Linda J. Wells
08.27.2014

Magnetize Your Money Mojo

Anne: Hello everyone, I'm so thrilled to welcome you. We have a fabulous guest who is going to talk about magnetizing your money mojo, which frankly everyone could need. Being able to live in abundance is so powerful.

Before we get started I want everyone to create an intention for this show of how they want to integrate the knowledge and downloads they're going to receive. Thank you for this opportunity to receive the understanding.

Elizabeth: Hello!

Anne: Are you still back in the UK?

Elizabeth: Still back in the UK and it's a blessing to be here.

Anne: That is one of the biggest things for me in my business. Now we have an opportunity to work anywhere. Energy knows no bounds. It just lights me up how we can reach anyone anywhere in the world. Before we had to look local to build out businesses.

I want to share a story. Years ago I had a job as a legal secretary, a pretty high-powered job in DC, a job that I loved with a lot of responsibility. The thing is, when I had my daughter I wanted to stay at home with her more than anything else in the world, but this didn't exist back then. I mean, heck we were just starting to get computers.

I have such a huge appreciation for this because of where I was 25... all those years ago. That, to me, is just so incredible. I mean, my team is all over the world, as are my clients. You can build a business like this! And you can have abundance and like sit at home and look out of the window and see the squirrels running around in the trees in front of you.

And Linda's going to help all of you access that capability, because when you can bring in your money guys, oh HELLO! Oh how powerful is that?

And let me say one more thing: I have a class called *Tap into Your Divine Business*.

You can get a copy at: <http://divinelyintuitivebusiness.com/tiydb-2>

It is 4 weeks of free classes on building your business, so you want to get over there and get your copy because it's a really great!

Linda's going to take us through some tapping today. She's brilliant at it. She did some this week with me. She's fabulous. And that's the stuff that for me I have really based a lot of my work on.

So having said that, let me go into who Linda J Wells is. She's got her Master's degree, in counselor education, she's been trained and certified in EFT, clinical hypnotherapy, she's a Reiki master, a licensed minister, a clairvoyant, and she's been trained and authorized by Margaret Lynch to teach her *Tapping into Wealth* program.

She's also the author of the forthcoming book *Love is the Essence of Everything*, and she's got 30 years' experience as a counselor and trainer. She's brilliant, so Linda, hello, hello, hello!

Linda: Hello, I was like "Hello, who is that?" when you introduced me! [laughter]

Anne: How did I you get started, in life or with the mojo thing?

Linda: I've always wanted to make money, and I've always wanted to make it easily. I worked with affirmations. I remember when Louise Hay's book first came out and Sanaya Roman.

It all sounded so wonderful and easy, but I could never achieve the success that I thought I should be getting. It just didn't work for me. It's only been in the last year that I've connected the inner programs and beliefs as to why we stop affirmations from working. Why our subconscious needs to be connected. So I came up with this.

I liked the song “I got my Mojo Working” for the mojo. I worked with energy. The mojo is about getting ourselves into alignment with ourselves.

Anne: Sanaya Roman, she wrote this book called *Creating Money*. Is that the one you are talking about? Her music is underlying every one of my affirmations. I love Sanaya Roman’s stuff. I think I’ve read that book 5 times. That was also a beginning for me on learning to use affirmations and visualizations. She was definitely a trailblazer, the same as Louise Hay.

Linda: Also very influential in my life. Back to being a magnet. I work with a lot of energy, I do Reiki and use a lot of Donna Eden stuff and I do believe we are made up of energy and interconnected in the web of the world. The Mojo is about getting into alignment with what you want. Y

ou need to really pay attention to and do things to get this more in alignment. And it’s the LOA in kind of a different way. But if you’re not clear and working on those subconscious beliefs, it’s not going to work the way you want.

Anne: You and I have had conversations about this. To me alignment and affirmations are a declaration of what I want to me in alignment with. I want to be in alignment with a full list of Divine clients. So then, for example you may say “*I am a Divine client attractor.*” And everything that isn’t in alignment with that will come up and tell you “*No, you’re not!*” and that’s when you have to do your work. This is where you specifically work with people.

If you want to know what you believe, take a look at your life.

Linda: If you think about yourself as a successful business person, for example, but your income is not reflecting that, then there is something that needs to be lined up.

Anne: Don’t you think that success evolves and changes as you grow?

Linda: Sure. If you’re happy with where you are in this moment, there’s perhaps no need to do this work.

Anne: But, we're ever evolving people, so that's always going to change. That's the nature of the Divine. Where you are now may be where you wanted to be five years ago. Now you have more alignment, but you want even more. So talk about the three main steps to magnetizing your money mojo.

Linda: I have several, but I picked out the three that I thought were most pertinent. First, you have you get clear about what you want. I had a client who had a goal of 100K and then the next time she changed it to get 150K. Then the next time she changed it to something else. How is the universe going to deliver if you don't know what you want?

Anne: Did she change it because she was getting clearer? Maybe YOUR work is allowing her to expand her possibilities.

Linda: That would have been a good thing. But in this case, she just wasn't able to ... she had a lot of beliefs running in the background that wouldn't even allow her to set a goal like that for yourself.

Anne: So I'm curious about that. Everyone pick a number you'd like to make and then the work begins.

Linda: There's almost a science in the choice of a number. You don't want to make it so far out of your realm of possibilities or fantasy. If I were to say "I want to earn \$5 million," well great, but my mind can't go there yet. A million maybe. For some it's getting to \$50K. My client was not in the realm of possibilities to reach \$100k. It has to be believable.

Anne: I can remember as a hypnotherapist, doing the training, them telling us that if you have someone who hasn't exercised, and you want them to be successful, you don't tell them to walk a mile, you tell them to put their shoes on and go to the end of the block, to the post box. It's really the same thing, isn't it?

Linda: You start with where you're at. Push the envelope. It may be double where you are, or a little further. And then we can tap on that because that's going to trigger you.



Anne: My personal favourite is *“This is going to be too hard. I won’t be able to deliver in the way I want to deliver.”* I know that’s just normal, that’s just human.

Linda: Totally. We all have those beliefs. Maybe someone who is making \$5 million is blocked from making \$10 million because something is always going to be in there. No one is born free from negative talk. For some it’s harder and some it’s easier to reveal it and tap on it.

But I love the idea of us being magnets, because we are magnets, beings with a magnetic field, that science can measure, they can do an MRI to see it. If we’re always magnetizing things to us, then how important is that to be in alignment.

Anne: So okay step 1: get clear about what you want. What’s the next step?

Linda: Step 2 is to get connected. If you’re not connected to your Higher Self, to your Angels, to the Divine, for your higher inspiration, it’s going to be challenging for you to get out of your own way. You can do that in a lot of ways. It could be running, swimming, cooking (not for me).

Get into the zone. Do the thing that puts you in the zone. A place where you can get downloads.

Anne: The other piece is recognizing the connection.

Linda: The cool thing is more you do it, the more natural it comes. Then it’s not like, *“Oh, I’m going to meditate and connect with my Higher Self today.”*

Anne: I’m laughing because in the beginning I had to consciously activate that energy, and then as I began to recognize and activate my intuition it became easier and easier and now unless it’s something major when I’m feeling pushed and I need to clear the energy then I don’t need to go that deep for connection.

Linda: When you first start out, it’s like training a muscle. It’s not easy to start meditating off the bat.

Anne: The more you do it, the more you recognize it, the more it becomes “Oh, that’s what’s supposed to be happening.”

Linda: And the more fun you have. When you’re in connection with the Divine, it’s more fun. It’s so cool. I love it.

Anne: I totally agree. So they get connected. Boom. What’s the third step?

Linda: Play is the third thing. Get playful. Play is so important. When we play we almost like release something. It’s not even the zone of the meditation and connection. It gets us away from our day to day tasks. It puts us in a different space where we’re having different brain chemistry.

I had an experience recently when I was working on a lot of different things and I had an invite to go to a movie. I didn’t even want to see the movie. I went with her just to see her. I enjoyed the time away from my work. The next day I had so much more focus, so many more ideas. It was like freeing myself of being tied to my computer and tied to my marketing. It was really amazing.

I’m telling my clients to schedule time in for play.

Anne: Last week we had Charlotte Rains Dixon who was talking about writing and one of the things she referenced was *The Artists Way*. Julia Cameron tells you to go have dates with yourself where you go play and do things like that. So this is twice that you’re hearing the same thing. Good confirmation.

Thank you. So what do you do? Make a list of the things you like to do?

Linda: Some people just know, for others it’s making a list, a collage.

Anne: What if your business IS play? I’m just curious.

Linda: Are you speaking about yourself now? LOL. Doing something different, changing the paradigm, that’s piece that takes you outside of yourself. Get a juicy novel, color, paint your toenails, so every time you look down you feel happy. Staying

connected to that feeling of light energy gives you a reference point to connect to your light energy that magnetizes your money mojo.

LINE DROPS

Elizabeth: I so understand what you mean about play Linda, I have a little girl and when I play with her. Anne's back here now.

Anne: Yes, I went off to play, I'm so coachable! So where were you? LOL

Linda: Then when you are working on the big goal, you've got lighter energy, you find the place in you where you have excitement and you can use that play time for your business.

Anne: So here's my question: how does this actually create more money? How does it open up the flow? It is because we get more Divine downloads? I'm a big believer in self-care. You're talking about play, going and having a date with yourself...

Linda: When we feel that energy of enthusiasm, it changes us to feel more hopeful. When we feel happy and we think about our business we go out and we talk to people and they notice we are happier.

I had a client recently who was so unhappy that she was thinking about chucking it all in and complete career change and we worked together and then one day she was walking down the corridor and someone said *"Wow, you look happier!"* Her business is growing, she's got more clients, more connections for growth. It takes us out of ourselves.

Especially if you're working at home on your own, we can really get into the vortex of negative self-talk it can be difficult.

Anne: Yes, you really need a lot of support in the first years. Play is always important. [Anne referring to the chat] *Marisa asked "What is a healthy time to schedule to play each week?"*

Linda: For me 2 hours at a movie that did it. I'm still riding high off a movie three weeks ago. I do try to put in like a half hour. Every Monday half an hour of playing.

Anne: Give us an example of what you do in that half hour...

Linda: I have a ton of books I've not read yet. I'll read one chapter. I'll put on my clothes and shoes and walk to the café. I always think about doing it, but I don't do it. Read a book for half an hour.

Anne: When I first started, I realised I needed to get out of the house, and I would go to Barnes and Noble, Starbucks and sit and do work there. I know that is different from creating a vision board, but it really did help with shifting the energy of it.

Linda: I'm really lucky. I live in SF 20 minutes. from the ocean. So I sit in my car and watch the ocean. That is so much fun. It takes me somewhere beautiful that I love. It gets me out of my space and puts me in a different headspace.

Anne: That's so funny, I live 20 minutes from the ocean on the other side. I love that. So let's do some tapping.

Linda: Great. I have a script that I wrote to *Magnetize Your Money Mojo*. I know that people listening may or may not be familiar with the points, so I'm going to walk us through the points. We're going to start with the karate chop. The outside of your hand.

Most people use the first two fingers with the dominant hand. We start by tapping where you would do a Karate chop, keep tapping as you say this. Anne, do you want to be my echo?

Linda: [Anne echoes every sentence]

- Even though I feel stuck in my biz
- Even though I feel stuck in my money
- I'd like to be a magnet in my money mojo
- But I'm afraid I just can't do it.
- I'm stuck.

- My money mojo is not working for me, but I deeply and completely love and accept myself.
- Even though I feel stuck,
- And my money mojo is broken
- It's not working for me the way I want it to
- It's not attracting what I want
- I would like to get my money mojo working.
- I'd like to be in the flow.
- I'd like to feel that \$100,000 vibe.
- And I honor myself for where I am right now.

Now to the top of the head and just tap there about 6 or 7 times:

- Sometimes I feel like that magnet isn't working for me
- Inside of the eye: that it's repelling instead of attracting
- Outside of eye: miracles and possibilities and money into my life.
- Under the eye: I'd love to have a big 'ole miracle in my life right now.
- Top of the head: A miracle that would magnetize my money mojo.
- To attract.
- In front of the eye: I'm watching for those miracles now.
- Outside of eye: Starting today.
- Under the eye: I'm watching to see how I can magnetize my money mojo.
- Under the nose: How I can align with my brilliance,
- Chin under the lip: my inspiration,
- Top of head: my ideas,
- Inside eye: and my creativity,
- Outside eye: and get that Mojo working for me.
- Under eye: I would love to have a fabulous,
- Under nose: magnetized,
- Under lip: Money Mojo.
- Top of head: a Mojo that works for me 24/7.
- Inside eye: And I'm opening myself right now,
- Outside eye: to magnetizing my money mojo right now for my highest good,
- Under eye: and for the highest good of all the people I work with,
- Chin: And all the people I come in contact with.

- Top of head: Because I know when my mojo is working
- Inside eye: Then I am in alignment
- Outside eye: And in the flow with the universe.
- Under eye: The universe wants me to be working my Money Mojo.
- Under nose: The universe wants me to be in alignment with my Money Mojo.
- Chin: So starting today,
- Top of head: Starting right now,
- Inside eye: I'm committing myself,
- Outside eye: I'm stepping up and saying yes,
- Under eye: Yes to magnetizing my money mojo,
- Chin: And yes to more money for me doing the work I love.

Linda: Take a deep breath.

Anne: Nice

Linda: Check in with yourself and see how that feels. I suggest that if you have thoughts or any other ideas you make a note. You may have other stuff that you need to tap on yourself.

Anne: It was interesting that during that I had a huge yawn (an energy release). The other interesting thing is that you didn't go into the points below on the face. I remember someone teaching me faster EFT. I'm curious about that. They missed a lot of the points.

Linda: No it was totally intuitive. At first I missed the under the nose and the chin point.

Anne: That for me is why I don't guide. When I connect with the energy, it's very left brain to be able to say the points and connect. I wondered if it was intentional. Obviously those higher points were most important for this. I love tapping, it completely changed my life on so many levels. Not just on the emotional level, but also on my business level. Tapping is amazing. It's a gift.

Linda: I wanted to leave everybody with one last thing: the importance of celebrating everything. When you celebrate something as simple as washing the dishes, or putting

on one sock, when you get into that you create new neural pathways in your brain. Retrain Your Brain to Celebrate Progress.

Everything you do, celebrate it. Don't wait until it's perfect. As we celebrate the little things, we are more able to make the big things and celebrate those too.

Anne: I just love that. Just like really enjoying what you're going is so important. Celebration is a different experience from enjoying. Retraining Your Brain I love that.

Linda: And doing a happy dance. Yay. I did it!

Anne: I love to fold clothes. Does anyone else have that? Does anyone else like that? Anyway, I don't feel like I'm celebrating unless it's at the end of a big pile. I love doing it. It's soothing. Tangible. Kinaesthetic. The result is a big neat pile rather than one heap of mess.

Linda: It's like instant gratification. You've achieved something in a short time, and you're happy.

Anne: For me, for me it's about abundance. We didn't have a lot of money growing up. I'm getting a note from Elizabeth. Please share your free offering.

Linda: This is the first session in my 8-week program. I've recorded it and there's worksheet and a tapping script. It's a Money Map. This is going to give you a picture of where you are with your saving, income, money goals and then you do the tapping at the end. And let me know how it goes. I'd love to hear.

The URL is www.LindaJWells.com/money-map-session/

Anne: Linda thank you so much. I also want to remind you guys of the Tap into Your Divine Business ecourse with tapping. It's very different to what Linda does. We're going to tap on conversations that are stopping you from stepping up in your business.

Here's that url: <http://divinelyintuitivebusiness.com/tiydb-2>

Have a beautiful day!

Rev. Anne Presuel

Your 6th Sense Guide to a 6-Figure Business

DivinelyIntuitiveBusiness.com

