

*Guided Tapping Script*

TRUST YOUR  
*Intuition*  
*Faith vs. Fear*



*A Divinely Intuitive™* BUSINESS PROGRAM



## ***Trust Your Intuition*** **Faith vs. Fear**

### **Guided Tapping Script**

Hello, this is Reverend Anne Presuel of Divinely Intuitive Business.

Today we're going to do a tapping routine on *Trusting Your Intuition vs. Listening to Your Fears*.

A lot of times we forget to really trust our intuition and instead we actually listen to the fears and the subconscious mind or the ego that wants to keep us in place. So today, we're going to do this tapping routine.

(If you don't know where the tapping points are, go to <http://divinelyintuitivebusiness.com/tapping-points>. But I'll guide you through them.)

So, let's go to your sore spot or your karate chop, and let's start.

*Even though I'm afraid to trust my intuition...*

*And sometimes I don't even know whether it's intuition or fear,*



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*I deeply and completely love and accept myself.*

*Even though I really want to trust my intuition...*

*And sometimes I can't tell whether it's intuition or fear,*

*I deeply and completely love and accept myself.*

*And I am completely loved by the Divine.*

Top of the head.

*I really want to trust my intuition.*

Between the eyes.

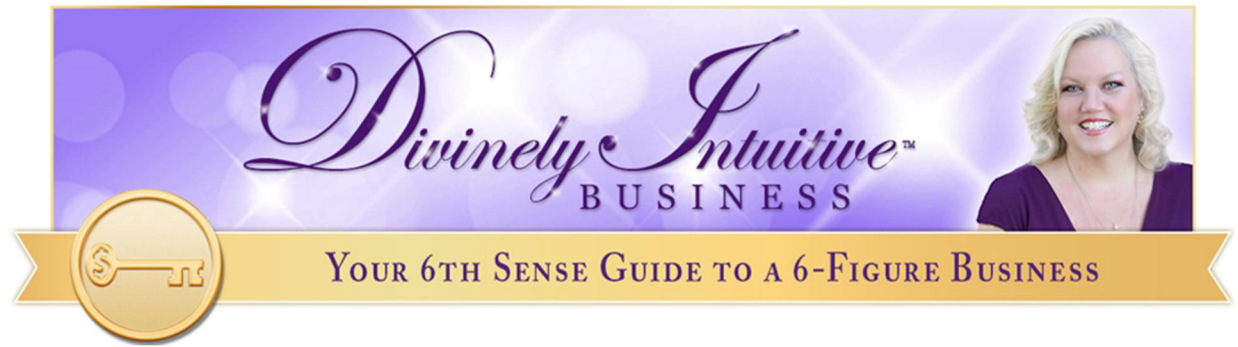
*Sometimes I'm just not sure if it's intuition or fear.*

Side of the eyes.

*How can I tell the difference?*

Under the eyes.

*And what if I'm wrong?*



Under the nose.

*I really don't want to make a mistake.*

The Chin.

*Because if I make a mistake,*

*Then that means that I've wasted time ...*

*Or I've wasted energy ...*

*Or I've wasted money.*

Collarbone.

*So, sometimes my fear really seems to be valid.*

Under the arm.

*And sometimes my intuition seems to be telling me to do something ...*

*That feels really crazy.*

The wrist.

*I don't want to seem crazy to other people.*



*I just don't.*

Karate chop.

*And I really don't want to make mistakes.*

Top of the head.

*I really don't want to make a mistake.*

Between the eyes.

*It's really scary to me to think I would make a mistake.*

Side of the eyes.

*Because I really don't want to waste time.*

Under the eyes.

*I don't want to waste time*

*And I don't want to waste money*

*And I don't want to waste emotional resources.*



Under the nose.

*Now, wait a minute.*

*Is it possible even to waste time?*

*Well, I suppose it is.*

Chin.

*What if I'm not wasting time ...*

*But I'm actually learning something when it seems like I'm wasting time?*

Collarbone.

*What if there are no mistakes?*

Under the arm.

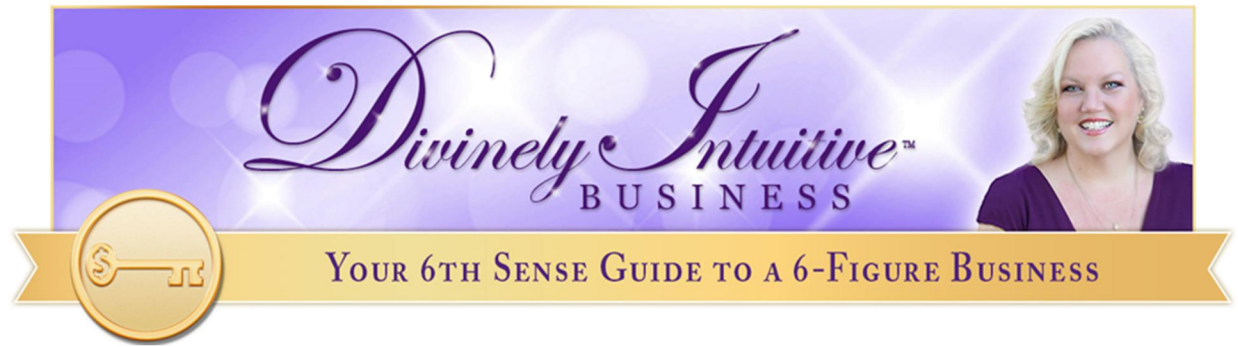
*What if everything I do is a learning experience ...*

*And there is gold in every single thing?*

The wrist.

*What if there is gold in everything I do, no matter what it is.*





Karate chop.

*That would be pretty cool.*

Top of the head.

*I really to just want to listen to my intuition.*

Between the eyes.

*I really just want to trust it.*

Side of the eyes.

*I really want to follow it.*

Under the eyes.

*I want to be guided by it.*

Under the nose.

*I know that if I can, my life will never be the same.*

The chin.

*I know that when I do this,*



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*When I listen to my intuition and I trust it,*

*My life becomes unrecognizable.*

Collarbone.

*So why don't I do it all the time?*

Under the arm.

*Oh, I know. I'm scared.*

The wrist.

*I'm scared to let go of control.*

The karate chop.

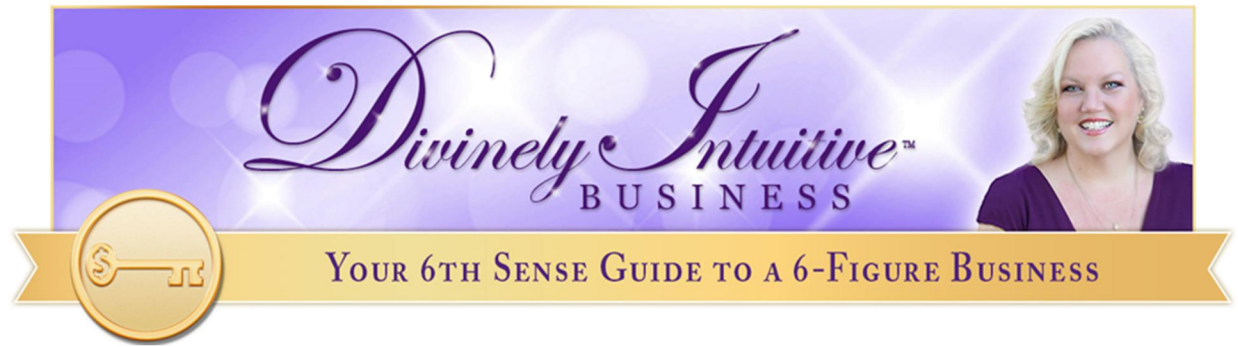
*I'm scared to seriously turn my life over to the Divine.*

Top of the head.

*I'm afraid that if I do,*

*Things will happen that I don't want to have happen.*





Between the eyes.

*I'm afraid that if I really listen to my intuition,*

*I won't like what I hear.*

Side of the eyes.

*Sometimes I really like my comfort zone.*

Under the eyes.

*But actually, I really want to move beyond it.*

Under the nose.

*I know that if I stay here, I won't do the work I came to do.*

The chin.

*I know that if I stay in this place,*

*I won't step into my power...*

*At least not fully.*



Collarbone.

*I know that if I stay here,*

*I won't have the impact on a world I want to have.*

Under the arm.

*I know that if I stay here,*

*In this space of fear,*

*I won't make the money I really want to make.*

The wrist.

*I know that my intuition is calling me forward,*

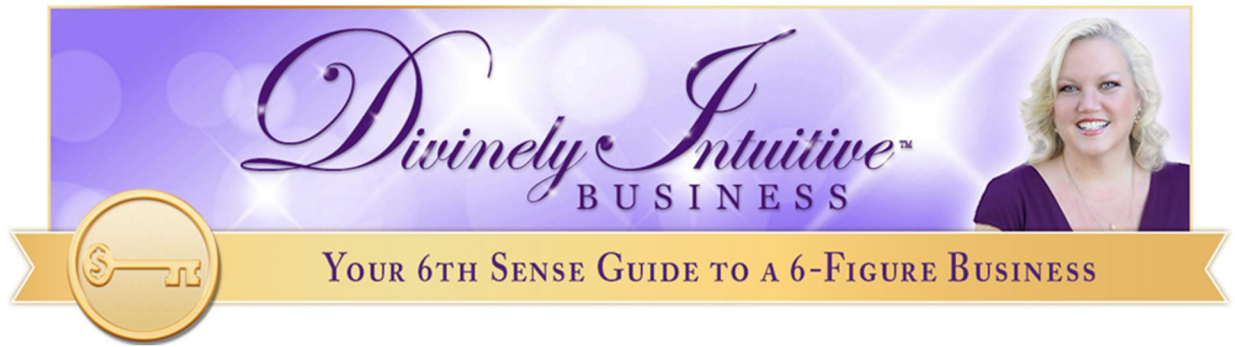
*To step out,*

*To play bigger,*

*To be on a bigger stage.*

Karate chop.

*And I'm not doing that when I don't follow my intuition.*



Top of the head.

*And that's not something I want to regret.*

*Ever.*

Between the eyes.

*So today ...*

*I choose to trust my guidance.*

Side of the eyes.

*Today ...*

*I choose to follow my guidance.*

Under the eyes.

*Today ...*

*I choose to take action on my guidance.*

Under the nose.

*Today ...*



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*I choose to move away from fear and into faith.*

The chin.

*Today ...*

*I choose to stand strong in my faith in the Divine.*

Collarbone.

*Today ...*

*I choose to stand strong in my faith in myself.*

Under the arm.

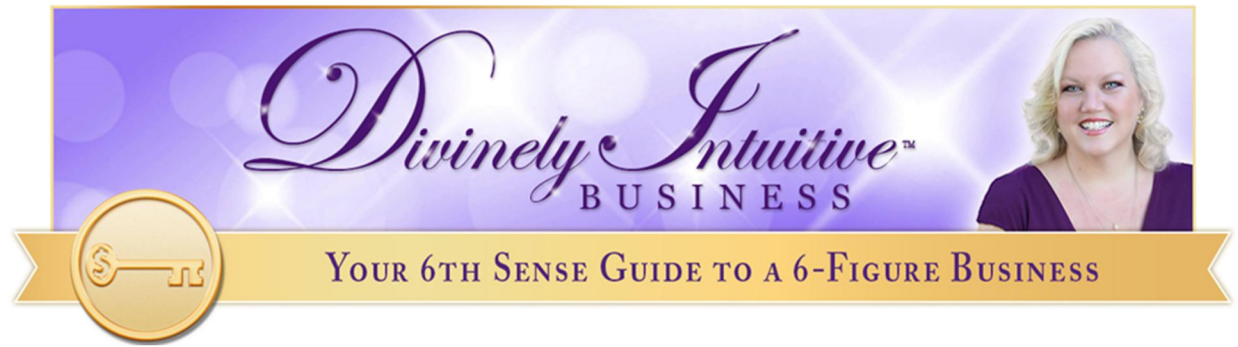
*Today ...*

*I choose to stand strong.*

The wrist.

*I am strong.*

*I am trusting.*



Karate chop.

*And I am filled with faith.*

*And so it is.*

Divine hugs,

Anne

Rev. Anne Presuel  
*Your 6<sup>th</sup> Sense Guide to a 6-Figure Business*  
[DivinelyIntuitiveBusiness.com](http://DivinelyIntuitiveBusiness.com)

