***Your Divine Alignment Tools***

**Module 3 Handout 1**

Here are energy tools to align yourself with your vision. If you use them consistently and regularly, you’ll discover more and more ease in your life and business.

* Divine self-care, whatever that looks like for you
* Affirmations
* Change your story
* Tapping
* Jin Shin Jyutsu finger hold technique
* Temporal tapping
* CAT (Complete Alignment Technique)
* Meditation
* Visualizations
* Connect to your business, to your business angel, to your guides
* Develop your skills
* Get inspiration from someone who has done this before
* Get support/accountability
* Prayers like the Ho’Oponopono Prayer
* Shake it out/dance it out
* Have a visual of your progress
* Create a vision book/board
* Use post-it notes with affirmations

Divine Hugs, Anne

**Rev. Anne Presuel**

***Your 6th Sense Guide to a 6-Figure Business***

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