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Tap Into Your Divine Business **Call One – Your Divine Money**

Rev. Anne: All right! Hello, hello, hello everyone! This is Reverend Anne Presuel. I want to welcome you to the call today. This is the ***Tap Into Your Divine Business***, call number one. This is the second time I've done this class and I absolutely love it for a lot of reasons. I'm going to share all of that with you in just a moment.

I want to start, however, with an intention, with a prayer, with all of us coming together, getting very clear about what we want to do today.

For me, my intention is that you walk away with a new experience of money, a new experience with your relationship with money, that you find yourself feeling much more free around it, much more willing to allow it to show up in your experience, willing to show up in your bank account, willing to show up in your life, in the myriad ways that it actually does show up, whether it's through someone who gifts you something, as this class is a gift, or someone who shares something with you, or someone who actually comes and pays you, whether it's a family member who gifts you something.

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I've had people who have received some inheritance or their family member won a lottery and shared it with them, it really is true. People win and get a lot of money... when you shift your relationship with money, you discover that you shift everything, and it shows up for you in a much more powerful way, a much more flowing way when you need it. And isn't that what we really want, is to have the money show up when we need it and when we want it?

For me, my intention is that you get something that is very—I want to say tangible, but I want to also say, just like sink-your-teeth-into-it, it's not just a sort of airy-fairy kind of stuff, but it's actually something that really transforms how you experience money. That is my intention for this particular class.

For the entire class, what I really, really want you to get is that you have the power to create your business the way you want it to be created. You have the power to create a beautiful, powerful business where you're getting your sacred gifts out into the world. You're standing in your power among the world and the world recognizes it, you recognize it, because you are so connected with the Divine, you are so connected with yourself, and you are so connected with the world around you. That is what you get.

If you come away from this class and start to use tapping, well, I think that's just wonderful because tapping transformed my life.

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I would like for you to just, for a moment, take a moment and just think about what it is that you want from this class. This is an interactive class, I'm going to ask you to write things down, so if you have paper and pen, if you're like me, I like to write things on paper, do it that way. If you like to write things on your tablet or your computer, do it that way, however it is. But get something and just take a moment. I will be quiet, I really will, and write down what your intention is for this class.

[Pause]

I have someone who raised their hand, so I'm going to go ahead and answer her question. If you raised your hand, say something, say hello.

Caller: Hello.

Rev. Anne: Hello. Yeah, you have a question?

Caller: Well, I came with a really big question and it was how to get more full-pay clients.

Rev. Anne: Yay! I love that question. All right. So can you hang on?

Caller: Sure.

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Rev. Anne: Okay, good. So that's going to be your intention, is to be open to receiving more full-pay clients, right? How many do you want?

Caller: I would love ten.

Rev. Anne: That's wonderful, all right. Everybody, hold the intention that she gets ten clients. Maybe not this week, maybe not today, but maybe, who knows? All kinds of interesting things happen.

Did you have a question about anything else that I've said so far?

Caller: No, not yet.

Rev. Anne: Perfect. Okay, thanks. Thanks for illustrating that you can raise your hand. I will answer it, by the way, *2 is raising your hand. I did put you all on mute because there's some background noise, so *2, raise your hand if you have a question or if you want to contribute something.

Thank you for taking a moment and writing down what it is that you want to create. We have a large group here, by the way. I had 500 people sign up for the class, which is really awesome. I love it, absolutely love it.

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Not everybody is live on the call, I get that, because everybody is busy, you all have lives, it's time of day for some of you where you go pick up your kids. Some people are still working their jobs full time, some people just have other things going on. So you're not live on the call. However, you can still participate very well by listening to the calls later.

I have a request, I do this with all of my calls, I do it with my ***Business Club***—actually, probably that's the one place I don't do it, with the ***Divine Business Club***—but with everybody else who participates in any kind of calls, I request that you sign a release form if you're going to be with me live on the call. The release form just allows me to share the calls later on. I don't sell these, these are gifts, but I don't want somebody coming back later on going, “*I didn't give you permission to record my voice.*” The reality is we are in a day and an age where that is necessary, unfortunately.

So my request is that if you want to be coached live on the call with me, to be tapping with me live or if you're going to participate in any way, that you sign a release form. The way to do that will be to, when you receive an email from us, Louisa, my assistant, my fabulous assistant, if you receive an email from either her or me at ***Divinely Intuitive Business***, you just send a response saying, “Yes, I want to be coached live on the call.” If that's the case, we will send you the release form; it's electronic so you just sign it and it's done. It's very simple, very easy to do, and it's a very simple form, it's not like a lot of legal mumbo-jumbo, but it

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does give me permission to use your voice and maybe even your name if you choose to give me your name on the calls.

This is just housekeeping, I'm sorry we have to do this, but we do. I'm not going to send it to everybody, because that's just crazy for my assistant to be doing that, so only those of you who would like to be working with me live on the calls, okay? That's my request.

Here's the thing about tapping. I'm curious, I'm going to un-mute—if I do it as a group, you all don't have to sign [laughs]—but if I do just ask you, I want to ask you, who all here is—I've un-muted you—so who all here is familiar with tapping, say yes.

Multiple Callers: Yes. I am.

Rev. Anne: [Laughs] No idea what that was, but thank you.

Now, let's check in with those who are not familiar with tapping. Anybody say yes, I'm not familiar, I've never heard of it, don't know anything about it.

Callers: [No Response]

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Rev. Anne: Really? Everybody knows tapping? Oh my goodness, that's awesome! All right. That is so awesome! Sorry, I just have to take my chin up off the floor. That's so cool! You guys, that is so cool. I figured I was going to have to explain it all. I am going to do it anyway because I know that out of the 500 there are some people who are like, *"What is she talking about, what is this tapping stuff?"*

So I want to share my story with you because I shared it in the email, that some of you then signed up for the class as a result of, but I want to share it with you because it's different hearing it from someone's voice as it is reading it.

In 2000, my family and I went through this massive trauma, you can read about it on my website, the details of it. But what happened was, as a result of this, I went into this massive space of, *"Oh, my gosh, now what?"* and *"What do I do and how do I manage this?"* and *"How do I handle it?"* It was really bad.

I don't really feel like triggering everybody with all of that, so you could tap while I share the story, but during that period, I had this healer who was helping me out and she introduced me to the fact that I actually had an intuition and because of my intuition, she said—well, it was two different people—but the therapist who was working with us at the time said, *"Your intuition saved your daughter's life,"* which really surprised me, because I didn't know what intuition was. [Laughs]

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I was like, “*Really? What is that? Intu-what?*” Like I had no idea what she was talking about, or how it had showed up or how my intuition had saved my daughter’s life or anything, I just, I had no clue. I laugh about it now, but it wasn’t funny at the time, I know that.

And I had this fabulous, just really amazing healer. The healer helped me really understand what intuition was. She helped me understand how to trust my body. She helped me understand what alternative healing actually was and through that time, through the next six months, were like absolute hell, they just were awful, and through that time, she really helped me a lot and then I started coming out of it a little bit, started really learning about intuition, started doing some of my own trainings in Reiki healing and hypnotherapy.

I was introduced to a number of different modalities and I trained in them and anyway—fast forward, two-and-a-half years later, someone had introduced me to EFT, or the tapping, Emotional Freedom Technique, this tapping stuff, and I was like, “*That is just too weird,*” like whatever. [Laughs] I seemed to recall, I’m going to laugh at it now, but I seem to recall they introduced me to it with chocolate, like, you can curb your cravings for chocolate with this. I’m like, “*I don’t want to cure my cravings with chocolate. I like chocolate and I don’t want to get rid of it. So no, forget it.*”

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Then someone said, *“Anne, this can help you with this trauma. It can help you heal from that.”* I was like, *“Really?”* So finally, I was triggered enough that I decided to train in EFT and learn it and in one day, all of the grief and all of the shame and the guilt and the—I want to say all of it was gone, well, I’m going to say probably 80% of it was gone, but the difference was so significant that I felt as though I had been reborn. I really, truly did.

I can remember now, two days walking around, three days walking around, and just going, *“Where is it? Where’s the guilt? Where’s the shame? Where’s the anger that I felt? Where’s the grief that I felt for so long? It’s gone. How is that possible?”*

For me, that was my introduction to tapping and I started using it with people. I had already started a hypnotherapy business and was helping people with just the usual hypnotherapy. I say “the usual” and I don’t mean that with any sort of disparagement in any way, shape, or form, but I didn’t know anything about—I was a newbie business owner, so I didn’t know anything about how to build a business.

I started using tapping with people and they would come in and they would have this incredible, like relief afterwards. I didn’t know what I was doing, I was just starting out, but who cares? It was working. So I started using the tapping regularly with everybody and people started having these really great experiences and they’d

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send people to me. Over the course of the next three or four years, I would share it where I'd go and talk about it. I did some courses at the adult education facility and I would get these wonderful clients who came and we'd have these incredible sessions.

Then I moved to Florida in 2006 and I went to seminary and I came out of seminary just going, *"Well, now what?"* It was two years later, it was 2008. I decided I was going to try to restart my business here in Florida and it wasn't working. It just wasn't working and I just didn't understand [laughs]—tapping didn't help, let me tell you. It helped a little bit, but it didn't help with like understanding what I needed to do.

One day, I was giving a course where people hand out the little basket or the love offering and people were putting in their couple of dollars for this tapping training. This woman came up to me and said, *"You know, you don't have to do it this way, you can do it online."* I'm like, *"Really? I can do my business online, how do you do that?"* because my daughter, who was in college at that point, she was in Virginia still and I moved from Virginia and I wanted to move back.

I was always very clear, but we moved to Florida because my husband, he's a professor, and he got a tenure-track position. If you know anything about the university professor kind of positions, that's a pretty juicy kind of position. He has since made tenure, so now he's ensconced where he's at, so I'm like, *"Hey, dude,*

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when Christina is getting ready to have babies, we're going back to Virginia, because I want to be near my baby when she has babies." Right now she's not, so we're good.

But in any event, I wanted my business online, because I didn't want to have to leave it again. What's that got to do with tapping? Well, let me tell you, it's got everything to do with tapping because I have used tapping, not only with my clients, but I use it with myself. When my stuff comes up, *"I can't do this, it's too hard! Where are my clients going to come from? I need money!"* All of that, when that stuff comes up, I use tapping. It's wonderful, it is wonderful.

So I'm preaching to the choir here, you guys all know this, you know how wonderful it is, you know how amazing it is, you are all tappers, I love that. This is not anything new to you, I just think that's so great.

Okay, so today what we're going to do is go through the handout that I put in the Facebook group. If you haven't gotten it, let me just say this, please get into the Facebook group, the *Tap into Your Divine Business* Facebook group. I will be posting the handouts in there.

The reason is that if I were to send out 500 emails to you guys, I can't attach things, so we have to set it up so that you can have access to the handouts. The

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handouts are in the Facebook group, just do us all a favor and if you're not in Facebook, please join Facebook. [Laughs]

Even if for no other reason so you can have access to the handouts, because that's where you're going to get them. If you are absolutely are not at all on Facebook, please send Louisa an email and she'll email them to you, but I just really don't want her to have to do that with a bunch of you. So please, only if it's an absolute necessity. That's my request, too.

The handout, I posted it in the Facebook group about an hour ago. It doesn't matter, you don't have to have it for this. I want you to again, pull out your paper and pen and declare your intention for the amount of money you want to make in this month—this month, September, 2014—and write it down. Everybody do that right now.

[Pause]

So on a scale of 1 to 10, how possible does this number feel? 1 is the least truth, so this number is just absolutely not possible. 10 is the most possible, the most true, yes, absolutely I can do this, no problem, I can do it with my eyes closed. Please don't have put down \$20, because everybody knows you can do that with your eyes closed. Least amount of truth, most amount of truth, scale of 1-10.

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What we're going to do is actually, I want to double it. Please don't write down something that's so outrageous, like your first number was \$100,000 this month and the next one is \$200,000 or you wanted \$500,000 this month and then a million. Unless you're really, really good at launches—I mean, you wouldn't be on this call, frankly, if you were doing that.

Now let's double it. Let's take that number, if you wrote down \$5,000, let's double it to \$10,000. What's going to happen is you're likely going to get some responses inside of your head, some thoughts are going to start coming up, like, *"It's too much. Who am I kidding? If I get that number, it's just going to be too hard. I have to work too hard to do that. Where are the clients going to come from? Heck, I don't even have a client yet. I have no earthly idea how I could do that. Who is going to pay me?"*

So write those down, these are just my thoughts. I like the last one, *"Anne's nuts."* Write down your own.

[Pause]

If you just joined us, everyone is writing down the number that they want to create and I asked them to double it and then write down what's coming up around that? We're going through the handout that I handed out, *"Your Divine Money,"* which is in the Facebook group. So write down what's coming up for you around that

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number, doubled, the number that you wrote that you'd like to create this month, doubled.

All right. Who wants to work with me, who is willing to sign the release, please, on what it is that came up for you? *2, raise your hand. If nobody wants to, which I find hard to believe, but if that's the case, then what we're going to do is I've got some tapping we can do that's more generalized and based on what you guys all wrote.

Okay, we have one, Carol. Hi!

Carol: Hi.

Rev. Anne: How are you?

Carol: I'm good. I'm amazed I got through so quickly, I guess I really need this.

Rev. Anne: Well, you had a strong intention. Tell me what came up for you.

Carol: Oh you don't mind if I cry?

Rev. Anne: I don't at all, no.

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Carol: Okay.

Rev. Anne: —me at all, yay tears! Let's go.

Carol: I wrote down four things: I haven't done this in eight-plus years. Am I worthy? What can I sell to earn this amount of money? I don't believe I can do this.

Rev. Anne: Okay, hang on, I'm writing it down myself: I haven't done this in eight-plus years, what can I sell, am I worthy?

Carol: And I don't believe I can do this. Because I keep on trying, I haven't reached \$2,000 yet, and that's not a lot of money.

Rev. Anne: Okay, perfect.

Carol: In my own business.

Rev. Anne: All right. Which one of those are the strongest for you?

Carol: I don't believe I can do this.

Rev. Anne: Thank you, yeah.



Carol: Because I don't have a product. [Laughs]

Rev. Anne: Because you don't have what?

Carol: The products. I don't have enough products that I could do that or priced right, that's my next thing is I have to learn how to price myself better.

Rev. Anne: Okay, writing this down. I also sent out the handouts for the tapping points, I can go over the—

Carol: I know the tapping points, I took a weekend with Pamela Bruner.

Rev. Anne: Okay, good. I do the sore spot, you guys can do the karate chop if you want, if you prefer that, but I'm old time, I use the earlier ones, the Gary Craig sore spots. Sore spots, for anybody who is newer to tapping and doesn't know that that is, it is where the collarbones come together. Go down about two or three inches and then on your chest go out two or three inches, so above your breasts. Just rub there, that's called the "sore spot."

All right, Carol, repeat after me.

I don't believe I can do this.

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Carol: I don't believe I can do this.

Rev. Anne: I don't have enough products.

Carol: I don't have enough products.

Rev. Anne: I haven't done this in eight-plus years.

Carol: I haven't done this in eight-plus years.

Rev. Anne: Actually, I have not done it in this business at all.

Carol: Actually I haven't done this in this business at all.

Rev. Anne: Or made that kind of money yet.

Carol: That made that kind of money yet.

Rev. Anne: I really want to.

Carol: I really want to.

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Rev. Anne: I really, really, really want to.

Carol: I really, really, really want to.

Rev. Anne: Okay, start tapping, top of your head.

But I don't believe I can.

Carol: But I don't believe I can.

Rev. Anne: What can I sell?

Carol: What can I sell?

Rev. Anne: I don't have enough products.

Carol: I don't have enough products.

Rev. Anne: Maybe it's not about the products.

Carol: Maybe it's not about the products.

Rev. Anne: Maybe I'm going about it wrong.

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Carol: Maybe I'm going about this wrong.

Rev. Anne: Maybe instead of the products...

Carol: Maybe instead of the products...

Rev. Anne: I could sell a service.

Carol: I can sell a service.

Rev. Anne: Oh wait, but am I worthy of that?

Carol: Oh wait, am I worthy of that?

Rev. Anne: That's a big one.

Carol: That's a big one.

Rev. Anne: Maybe it's just about learning how to.

Carol: Maybe it's just about learning how to.

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Rev. Anne: Maybe it's not as hard as I think it is.

Carol: Maybe it's not as hard as I think it is.

Rev. Anne: Maybe it is. [Laughs]

Carol: [Laughs] Maybe it is.

Rev. Anne: All right. Tell me what's the bigger thing underneath. About, I don't believe I can do this because...

Carol: I don't know if I believe in myself enough or believe in what I'm offering enough.

Rev. Anne: Okay. Tell me a little about that, why do you believe—and just keep tapping while you're talking. Why do you believe that what you're offering isn't worthy of making money?

Carol: That would be a good question if I knew the answer to, because I know it's needed and I know when people coach with me, they learn so much. Do you know what I do?

Rev. Anne: I don't know what you do, what do you do?

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Carol: I'm the Dream Lady, so I coach people on tapping into their nighttime dreams and I teach them how to remember their dreams and how to interpret them and how to apply that information to their life and I've added in sleeping, just this past week, because I realize it's a vital part of it.

Rev. Anne: So will you do me a favor?

Carol: Yeah.

Rev. Anne: Will you close your eyes and just ask yourself, why do I believe that's not worthy? Keep tapping.

Carol: Because I'm a woman.

Rev. Anne: Okay, good. Good job. Because I'm a woman. Just stay with it.

Carol: It's something that I don't know how many people can identify, but I guess the fairy tale of growing up of being supported is still there lurking in the background.

Rev. Anne: Yeah, yeah. I still want that fairy tale. Is that true?

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Carol: Yeah, I do want the fairy tale and I know it's not possible.

Rev. Anne: Oh! And I know it's not possible. It's not possible because?

Carol: Because I'm on a journey of mastership and when you become a master, you have to be self-sufficient, you can't rely on other people.

Rev. Anne: Oh, okay. Okay. I could just really go into that one with you, but it's going to take a while.

So, Carol, who told you that?

Carol: About what?

Rev. Anne: That you can't rely on other people?

Carol: I don't know if—wow ... I know that people I—you can't be dependent on—okay. When I grew up, a woman's place, in my family, most of my generation, was that you get married and a man supports you.

Rev. Anne: Right.

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Carol: So to have to do it on my own goes against something that's very ingrained in me.

Rev. Anne: It's okay to be strong, to be independent, and to rely on a partner. Depending is a different thing. Like all of my, everything, my needs is all dependent on that person. That's kind of—we don't want that anymore. I mean, we've grown from that, right? But that doesn't mean you can't still have that. It's interesting how—just keep tapping, just keep tapping—

Carol: I'm tapping on the one spot.

Rev. Anne: Move past that, although that probably is a really good spot for you.

Because here's what I'm hearing: I'm teaching tuning into and trusting intuition and that's completely a woman's gift, even more so than a man. Although I will say my husband is one of the most intuitive people I've ever known and totally a man. It's not only a woman's world, but you're teaching people how to do that, how to completely tune into and trust their intuition, trust what they receive from the Divine in their sleep.

Carol: Right.

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Rev. Anne: My question to you is why is that not worthy of being paid and paid well? Keep tapping through.

Carol: Because maybe I believe people don't really want it or need it and yet I know that's completely incorrect because I know people welcome it, I mean, I had a coaching client this morning who when I gave her my point of view was thrilled and thanked me because I could look at it differently. So yeah, it's a complete conflict, it's a complete conflict within me.

Rev. Anne: Yeah, it is.

Carol: Get rid of the old and let me move on. I mean, I've written three books.
[Laughs]

Rev. Anne: So when are you going to believe yourself? I'm serious. You're choosing these beliefs and they're not true at all. I know that they're ingrained, I get it, and each time you work with someone, you understand even more how important your work is, is that correct?

Carol: Yeah, yeah, absolutely. I mean, I've had women get so excited because I'm able to point something out to help them move forward in their lives. It makes no sense whatsoever.

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Rev. Anne: Emotions don't make sense, they just don't. I mean, this stuff doesn't make any sense, so it's not logical, it's all—energy is not logic, it's just ... very different. You have to retrain yourself to think differently about it.

Carol: Let me throw in one thing before we go further, is that somewhere in my upbringing I heard, and this is just brought to my—I don't know how to say it—to me, a couple months ago, when I had something and I did it very easily and I said to the facilitator, *"It wasn't a struggle."* She pointed out to me that I expect things to be a struggle, when they could be easy.

Rev. Anne: Yeah. Good for you. So how can you train yourself to have it be easy? To have what you do, making this money, be easy?

Carol: I don't know, that's why I'm on your class, that's why I'm on this call, to get the help. [Laughs]

Rev. Anne: Okay, so I invite you because first of all, you're an intuitive, right? Hands down. Number two, you understand tapping.

Carol: Yes.

Rev. Anne: I invite you to actually ask yourself that question this week. How can I allow this into my life and have it be easy and change out the *"it has to be a*

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struggle,” because number one, let me just say that had someone not opened up the door for me in understanding my intuition, I wouldn't be here today.

I can just say hands down, intuition is the most powerful skill/gift that we have. It's a gift and it's also a skill. It's a skill that we develop and you're teaching women—I presume mostly women—how to develop their own intuition, how to trust, how to access, and how to take action from what they receive, that information that they receive, transforms their lives.

Carol: Yeah, a lot of them don't give their power away.

Rev. Anne: Thank you! Right? Exactly. Exactly! That is so huge. So how is it that you're not worthy of receiving money, from helping women do that? It can't be. It can't be. I'm really serious about that.

Keep tapping.

Carol: Yeah, I'm tapping, I'm tapping.

Rev. Anne: Good job, okay. So let me go back to, *“I don't believe I can do this.”* See, it's not about products, this is not about products, this is about you owning what you do, like really owning it. Say it with me: I am worthy of this.

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Carol: I am worthy of this.

Rev. Anne: I've been given this by God.

Carol: I've been given this by God.

Rev. Anne: Why don't you just breathe that one in, because that is so powerful.

So I wonder, how it can be easy?

Carol: I wonder, how can this be easy?

Rev. Anne: I may not know right now...

Carol: I may not know right now...

Rev. Anne: But I'm willing to find out.

Carol: But I'm willing to find out.

Rev. Anne: I'm willing to learn how it could be easy.

Carol: I'm willing to learn how this could be easy, and how to accept.

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Rev. Anne: How to accept it, yeah.

How to get out of my own way.

Carol: How to get out of my own way.

Rev. Anne: Let go of the story. To let go of the story.

Carol: To let go of the story.

Rev. Anne: That I'm not enough...

Carol: That I'm not enough...

Rev. Anne: That I can't do it...

Carol: That I can't do it...

Rev. Anne: I'm a woman.

Carol: I'm a woman.

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Rev. Anne: And I can do it because I'm a woman.

Carol: I can do it because I'm a woman.

Rev. Anne: I can do it because I was given this gift.

Carol: I can do it because I was given this gift.

Rev. Anne: Okay, nice, deep breath. Will you do that tapping this week?

Carol: Yes.

Rev. Anne: On this one thing: I am worthy because this is a gift from God.

Let us know how it goes, okay?

Carol: Okay, I will. Thank you.

Rev. Anne: All right. Okay, so who else raised their hand? Say yes.

Marisa: Yes.

Rev. Anne: Who is that?

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Marisa: Marisa.

Rev. Anne: Hi, Marisa!

Marisa: Hi, how are you?

Rev. Anne: I'm fabulous, how are you?

Marisa: Good.

Rev. Anne: All right, you ready to let your panties show?

Marisa: [Laughs] I'm not sure. Yeah, I was reading the thoughts that you wrote down and I'm like, "*Okay, all of the above.*"

Rev. Anne: [Laughs] Of course. All right, so what's going on with you and money?

Marisa: What's going on for me is I haven't ever made money online and I've been kind of dabbling for a long—well, since probably 2008, taking different courses and trainings and all kinds of stuff, but I've never really sunk my teeth into making a go of creating money. So, yeah.

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I did do, last December, I did sort of a launch to give out complementary calls in the New Year for freebies, but I didn't get much of a response, so now I'm living with this fear of trying it again and still not getting a response from people to take me up on a complementary call. So I think I've got some resistance around that and just jumping in.

Rev. Anne: Okay.

Marisa: Fear of failure, because like I've never really made money in business. I used to be a teacher, so I had a secure, paid job, but since leaving that, I've never really been successful in business.

Rev. Anne: Okay. This is brilliant because there are a lot of people—and thank you very much for bringing this up—there are a lot of people who are on this call who have the same fear. They've put out their offers, they haven't had much result—and I've been doing this now myself online, so I get it.

Every now and then I'll come up with [laughs]—all right, I'll just let my panties show for a minute—I will have the same conversation, like, “*What? What is going on, why is there not much response here, what's going on with this?*” So you're not alone, I hear it a lot and I've heard it a lot, I've even said it a lot. Everybody

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who is on the call who has that conversation, take a nice, deep breath because we're going to do a little bit of tapping around that.

But I want to say this, this is like a logical thing, I want you all to get this. Doing your business online is in many ways like doing it in person, but it's a little bit harder because online, people have a much shorter attention span.

Just think of yourself, for example, when you get online and you just site to site to site, "*Oh, let me do this,*"—boom, I'm out. There's so much more online, so many more, whereas when you're in a store—I mean, I think we all have ADD a little bit because of the internet these days, not literally, but you know what I mean.

We get online, it's in some ways a little bit of a different animal, but the principles are still the same, which is connecting with people, heart-to-heart, being truly who you are in front of people, not artificial any of that, and building a group of people who really like you and like your work and like what you do. The principles are really still the same; it's about learning some of the skills of how to do things online and that's where dabbling doesn't work anymore, I'm sorry to tell you that, but it really is true.

Dabbling is really—and I did this myself, I'm raising my hand here... I dabbled [laughs], "*Oh, I'll take this course, and oh, I'll take that one.*" But once I really sat down and I committed and I really just made a decision, "*I'm going to learn this,*

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doggone it, and I will figure this out.” I had to just do that over and over and say that to myself, *“I will figure this out, I will figure this out.”*

There are a lot of pieces that make up a successful launch, a successful offering, a successful, etc., etc., there are a lot of pieces. Each one of them has to be sort of worked out and understood.

I just want to say, give yourself a break, really and truly, give yourself a break, because there are a lot of pieces to building a business whether it's online or off and those pieces don't come just from the dabble. I'm really sorry to tell you that. I wish I could tell you that man, dabbling, that will do it, but it's not, it's not going to do it. There's a lot of learning. What you've done has all really given you a great foundation for where you're going, so that rocks, just really good for you. I used your word dabbling, because you used your word dabbling.

Marisa: Yeah. I do feel good about what I've learned, it's just I'm ready to put the structure up, the foundation is solid enough, let's go now.

Rev. Anne: Yeah. Let me just say one thing, Marisa. You guys, all of you who are listening to this, Marisa is writing this book and her book is really good. I've seen it personally because I'm writing the forward for it, but it's really, really good. Your work is beautiful, your work is really, really beautiful. I just want to say that,

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I'm saying that so everybody can hear it because I think it's really an amazing book.

Let's go to the, "*I haven't ever made money online,*" and what's the big—I know you said fear of failure, right? "*I haven't made much money in business. I made money as a teacher, but I haven't made much money in business.*" Let's talk about that, because those two things are what are keeping you from going to the next level. What is the big fear here around that?

Marisa: Well, I had started my own holistic school in 2001 and I was very passionate about it and I was very successful in terms of making a difference in the lives of the children I served, but financially, I ended up personally bankrupt.

I've done a lot of release work around it but I think there's still more that underneath it all, I'm going to work really hard, I'm going to put my heart and soul into something, people are going to get benefit, but I'm still going to end up without money.

Rev. Anne: Okay. Wow, I don't know if you felt it, but it just reverberated through the whole call because—okay, excellent. What was the last little bit you said? "*I'm going to work really hard, put my heart and soul into it. People are going to get great benefit from it, but I will...*"

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Marisa: I'm still not going to make any money at it.

Rev. Anne: Going to make any money, thank you. I like using your exact words.
Go to your sore spot.

Oh my God!

Marisa: Oh my God! [Laughs]

Rev. Anne: This will be the same as the holistic school.

Marisa: This will be the same as the holistic school.

Rev. Anne: No wonder I'm dabbling.

Marisa: No wonder I'm dabbling.

Rev. Anne: I'm just going to stick my toe in; I'm not committing 100% like I did then.

Marisa: Yeah, I'm just going to stick my toe in; I'm not committing like I did then.

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Rev. Anne: That was a disaster.

Marisa: That was a disaster.

Rev. Anne: At least financially.

Marisa: At least financially.

Rev. Anne: It wasn't a disaster, in other areas.

Marisa: It wasn't a disaster in other areas.

Rev. Anne: And I learned a lot.

Marisa: And I learned a lot.

Rev. Anne: I learned a whole lot.

Marisa: I learned a whole lot.

Rev. Anne: Start tapping.

I put my heart and my soul into it.

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Marisa: I put my heart and my soul into it.

Rev. Anne: People got a lot of benefit.

Marisa: People got a lot of benefit.

Rev. Anne: My God, I loved it.

Marisa: I loved it.

Rev. Anne: Is that true?

Marisa: It is true. That's why I stuck with it for six years and made no money.

Rev. Anne: Exactly. It's why I stuck with it.

Marisa: Yeah, that's why I stuck with it.

Rev. Anne: I can't do that again.

Marisa: I can't do that again.

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Rev. Anne: It cost me so much.

Marisa: It cost me so much.

Rev. Anne: Emotionally...

Marisa: Emotionally...

Rev. Anne: Mentally...

Marisa: Mentally...

Rev. Anne: Even physically.

Marisa: Even physically.

Rev. Anne: I was stressed.

Marisa: I was stressed.

Rev. Anne: And then I went bankrupt.

Marisa: And then I went bankrupt.

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Rev. Anne: I was so ashamed.

Marisa: I was so ashamed.

Rev. Anne: Is that true?

Marisa: It is.

Rev. Anne: Yeah. Look at what happened.

Marisa: Look at what happened.

Rev. Anne: I don't want to do that again.

Marisa: I don't want to do that again.

Rev. Anne: I don't want to do that again.

Marisa: I don't want to do that again.

Rev. Anne: I wonder if I could do it differently?

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Marisa: Wonder if I could do it differently?

Rev. Anne: I'm not afraid of working hard.

Marisa: I'm not afraid of working hard.

Rev. Anne: I'm not afraid of working easy, either.

Marisa: I'm not afraid of working easy either.

Rev. Anne: I wonder if there's a way...

Marisa: I wonder if there's a way...

Rev. Anne: That I could make money...

Marisa: That I could make money...

Rev. Anne: And have a business...

Marisa: And have a business...

Rev. Anne: I love.

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Marisa: That I love.

Rev. Anne: But making money.

Marisa: Making money.

Rev. Anne: Let me ask you a question—and just keep tapping—when I say that, does it come up with anything like, “*I can’t do that, it’s not possible, it’s not going to happen,*” or what comes up? Or maybe that could work. What happens?

Marisa: No, I still have a hard time thinking that it could work.

Rev. Anne: Thank you.

Marisa: I have no doubt that I can make a difference, because I already do, but I do it for free. I always have made a difference, so I have no issues with that, it’s just getting paid for it.

Rev. Anne: I know I can make a difference!

Marisa: I know I can make a difference!

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Rev. Anne: I know I can make a difference, especially for free!

Marisa: I know I can make a difference, especially for free.

Rev. Anne: I'm good at that.

Marisa: I'm really good at that.

Rev. Anne: I'm really good at that.

Marisa: I'm really good at that.

Rev. Anne: I just want to make a difference and make money, come on.

Marisa: I just want to make a difference and make money.

Rev. Anne: And not have it cost me my life, my life savings.

Marisa: Not have it cost me my life and my life savings.

Rev. Anne: I wonder if maybe...

Marisa: I wonder if maybe...

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Rev. Anne: There's a way out of this...

Marisa: There's a way out of this...

Rev. Anne: I wonder if maybe I could make money...

Marisa: I wonder if maybe I could make money...

Rev. Anne: And make a difference.

Marisa: And make a difference.

Rev. Anne: And have fun at it.

Marisa: And have fun at it.

Rev. Anne: I don't know what that way is right now.

Marisa: I don't know what that way is right now.

Rev. Anne: But I'm definitely open to seeing what it is.

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Marisa: But I'm definitely open to seeing what it is.

Rev. Anne: Is that true?

Marisa: Absolutely.

Rev. Anne: How badly do you want to do the business, Marisa?

Marisa: I really want to do it.

Rev. Anne: Good, okay.

Marisa: Because I'm so tired of sitting on the sidelines.

Rev. Anne: Oh, tired of sitting on the sidelines. I like that.

I really want to do this.

Marisa: I really want to do this.

Rev. Anne: I want to make a difference and make money.

Marisa: I want to make a difference and make money.

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Rev. Anne: If I could get past this fear of failure...

Marisa: If I could get past this fear of failure...

Rev. Anne: I'll bet I could do that.

Marisa: I'll bet I could do that.

Rev. Anne: Does that feel true to you?

Marisa: Yeah. I guess part of what comes up for me is I know I can do this business and I know another one of my blocks is I've invested so much money already that I don't want to invest another penny until I make at least a penny. [Laughs] I'm really stuck on that.

Rev. Anne: I don't invest pennies!

Marisa: It's like enough, the brakes are on with the money going out and it's like I got to see something come in and then I'm willing to reinvest it all to keep going, but, yeah.

Rev. Anne: Okay, so that's really good.

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I don't want to invest any more money until I see money coming in.

Marisa: I don't want to invest any more money until I see money coming in.

Rev. Anne: I wonder what it will take for me to see money coming in?

Marisa: I wonder what it will take for me to see money coming in?

Rev. Anne: That's my line in the sand.

Marisa: That's my line in the sand.

Rev. Anne: What do I need to do?

Marisa: What do I need to do?

Rev. Anne: Now, let me ask you a question: Do you know what you need to do?

Marisa: Yes and no. I don't think I have 100% clarity or I know what I need to do, I just have difficulty with some parts of it.

Rev. Anne: I wonder how I can get clarity...

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Marisa: I wonder how I can get clarity...

Rev. Anne: On the parts that I find difficult.

Marisa: On the parts that I find difficult.

Rev. Anne: I am open to finding a way.

Marisa: I am open to finding a way.

Rev. Anne: If I have a line in the sand...

Marisa: If I have a line in the sand...

Rev. Anne: That says I'm not going to spend any more money...

Marisa: That I'm not going to spend any more money...

Rev. Anne: 'till I make some, damn it!

Marisa: 'till I make some, damn it!

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Rev. Anne: Then I've got to figure out a way to make some.

Marisa: Then I've got to figure out a way to make some.

Rev. Anne: And do nothing else until I do.

Marisa: And do nothing else until I do.

Rev. Anne: Are you willing to do that, Marisa?

Marisa: Am I willing to do what?

Rev. Anne: Do whatever you need to do to make the money? Period.

Marisa: Absolutely.

Rev. Anne: Okay. Without spending any money?

Marisa: Yeah.

Rev. Anne: All right, then do it. Will you do that this week?

Marisa: I'm working on it, I'm working on it.

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Rev. Anne: Will you do it?

Marisa: Will I do “it”?

Rev. Anne: Yeah. That means if you know what you need to do but you’re not doing it because you’re a little confused about some things, sometimes it’s just doing it that you’ll get the clarity.

But if you’re in your head thinking about it a lot, you’re not doing it, you’re just thinking about it. But if you’re doing it, you gain the clarity because you learn what’s going on but you said you weren’t going to offer anything because you were afraid because last time you didn’t get much response. So you’ve got the resistance to putting an offer out there, right?

Marisa: Right. Well, I’m starting to send auto responses out to the people who downloaded my book from the JV giveaway, I had about 70 people.

Rev. Anne: Yeah, thank you!

Marisa: So I have started working on that, so that I want to thank you for having that JV giveaway because that helped me at least get a list.

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Rev. Anne: Yay!

Marisa: So my fear is, I'm starting to build a relationship, I've sent a couple of messages out and I will be offering a complementary session but I wanted to build a relationship first. I am working on that.

Rev. Anne: Yes, very good idea to do that. See, you know what to do.

Marisa: Yeah. I just have difficulty writing the letters.

Rev. Anne: Are you talking about just plain emails or actual autoresponders, which is a series of automatic things going out?

Marisa: Yeah, well, I'm creating automatic things going out so that as people download the book now even, they'll get automatic emails every week. I'm just writing them—

Rev. Anne: Let me just give you a little bit of business coaching right now. Set the autoresponders and just focus on sending out an email every week to your people with something of value. Just focus on that. Forget them being autoresponders, send them an e-zine. Just start building your relationship that way.

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Marisa: Okay. But I've already started sending stuff relating to the book, so I feel like I need to continue with that.

Rev. Anne: That's fine, that's fine. Are you talking about an autoresponder series?

Marisa: Yeah. Kind of relating to the book, each of the chapters in the book, or the sections, so I'm offering more information on that.

Rev. Anne: That's fine. Wait a minute, but you just said about making money, you're not going to spend any money learning how to do anything else until you make some money coming back in.

Marisa: Right.

Rev. Anne: Let me tell you that the way to make money is to get a client.

Marisa: Right. That's what I want to do.

Rev. Anne: Then send out your e-zine. You can do the autoresponders, too, but send out an e-zine.

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Marisa: Yeah, but the autoresponder program I have doesn't have that capability to do an e-zine.

Rev. Anne: [Laughs] Technology is so wonderful, isn't it?

Marisa: Oh, I know. Well, I guess I could just send an email, is what you're saying, it doesn't—

Rev. Anne: Yeah.

Marisa: Yeah.

Rev. Anne: I mean, I did, I actually did when I started I didn't know anything about all this other stuff, I just sent emails. You're thinking you have to do it perfectly—stop it. That's what this is. You have to do it all the ways that everybody said you have to do it in order to make it look good enough and all of that, cut it out. Just go get a client.

Marisa: Okay. [Laughs]

Rev. Anne: [Laughs] Good job! Good job, good taking the coaching! Good job. You rock, sweetie. Okay, I've got another caller.

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Marisa: Okay, thanks.

Rev. Anne: Good stuff. All right, we are going to do some generalized tapping, we've got a couple people raising their hands, so we're going to do some generalized tapping, I promise you guys, we will.

Let me take one more. Hello from Farmington, Connecticut, is that you? Who is this on the air—on the air, sorry. [Laughs] Sorry.

Adele: This is Adele.

Rev. Anne: Adele? Hello, Adele.

Adele: Hi.

Rev. Anne: Hi, what can I do for you? What would you like to tap on?

Adele: Well, the same situation as—not really doing anything online. I was really so good in the beginning. I went out and spoke in a lot of places and I love being in front of an audience. Then it seems like I'm not putting myself out there and I'm just feeling kind of like the message I give to myself is that everything is online and I really need to be doing that and it will be so much easier, but I don't like being online.

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I'm just like really running into so many excuses. I've even started to put myself out there more, I'm joining the chamber tomorrow, I'm going and I'm doing talks, I set up programs, but if I even want to make it easier, I want to really impact more people and I know that the way to do it is online and I just get kind of like crazy with it.

Rev. Anne: Oh, I love this!

Adele: And I can't just sit in front of a computer, like it zaps my creativity. I want to get my message out, but...yeah. It's not like, I mean, really if I was in a position right now, I would just like to hire somebody to just do it all because then, you know. I knew that way back when and I think I just didn't do it because of probably fear of success. So I always seem to know what to do and then I just don't do it. So there I am.

Rev. Anne: Okay, I love this! You have what's called "The Should" Syndrome. I should do this, I should do that, I should be online, everybody else is, it seems like it's easier. Let me tell you—

Adele: That's funny, I always talk to people about "the shoulds" and I was doing it, yes, okay. I do have that.

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Rev. Anne: The Divine Should Syndrome, all right, love this, this is so good.

All right, sweetie, first of all, you spoke in a lot of places, you love being in front of an audience—boom—that is gold right there. I love doing it, I spoke in a lot of places, but I'm not doing it because everything is online and it seems so much easier but I don't really like—no, stop it.

If you are good at doing it in person and live and you like that, go do it. You can build your business starting there, getting money coming in right there, first and foremost. Then put into place—I'm doing a lot of coaching here, it's all right.

Adele: No, I love it, thank you!

Rev. Anne: [Laughs] And then put into place a system for following up after you do the speaking. Speaking is how I built my business in the beginning, back when I was in Virginia, in Charlottesville, Virginia, that's how I did it. I would go and do speaking. I would give little classes and it just worked.

Adele: The thing, too, that I was running into, but maybe because I just wasn't being so persistent, was that I had places to talk and people were going out to lectures and they're not doing that as much because there's so much online. So I think, kind of, that part of it, where it doesn't seem to be as many people going out, that more people are just doing things online. I may be wrong with that.

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Rev. Anne: You know, let me tell you, one of my very dearest friends is a multiple six-figure business coach, she's very, very good at what she does. Her world is going and speaking. That's where she goes and gets clients, every single time she does, she gets a client—every time she does it, she gets a client.

I have an allergy to going out and doing stuff because I want my business online. I'm very, very clear I want my business online, I'm very clear I want it like that because I want to be able to pick it up and move it when I go back to be with my daughter. Like, *“Okay, Francisco, we're moving, it's time, she's got babies, we're going.”* I'm clear about that, so I'm not spending my time going out to local places putting down roots in South Florida; I'm not doing it. I won't do it, I don't want to, I want my business portable.

Adele: See, that's another part, Anne, that I really, the part of me that really wants that, that I really want to just basically have that flexibility. Most of my clients that I work with, I work by phone. So I never have to leave the house and it's wonderful.

Rev. Anne: It is wonderful. What do you do, Adele? What is your work?

Adele: I'm a health coach.

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Rev. Anne: Okay, love it. You totally, you can do it both, you can do it where you have people—I got to tell you, now you guys want to hear something really, really cool? One of the people who responded to the email I sent out last week saying, “*Hey, can you do me a favor and tell me what your biggest challenges are?*”

One of the people who did that had come to me when I was in Charlottesville, she is now herself a healer. She’s gone through her work and has become a healer in her own right and is now building a business. Isn’t it interesting that from Charlottesville, I still have people who are following me even today, all these years later. It’s what? Eight years later, my goodness, since I lived in Charlottesville.

So your people, it doesn’t matter, you can still build where you are and expand it and take it with you and you’ll still have people, but you’ve got to start doing at least something and if you need money coming in the door, and speaking works for you, go do it, that’s first and foremost.

Hands down, first and foremost, the most important thing, guys, when you’re looking to get money coming in the door, do what you do that makes the money come in the door. Do what is really good and what you’re good at, what you love doing.

Then put those systems into place, follow up with people, get connected, then you can expand online, if you want to do it that way. If you have the freedom to build

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your business online and you want to do it online, I have clients who want to do their business online, so there's different strategies to doing that, it just depends on what you want. I get that you want to do it, but you're really good at speaking and you like doing it, that's what you led with, sweetie.

Adele: I know. I mean, like I just get so energized by an audience, I mean, I just get so energized. I mean, like yeah.

Rev. Anne: Let me tell you that health coaching is so hot, it is so hot right now. People want health coaches, they want someone to help them be healthy. You've got the Baby Boomers who are aging, they have money, they're looking into being healthier. My mother, she's not quite gluten-free—we went gluten-free about a year and a half ago, in our family—but I'll tell you, she is very, very health conscious and she's in her 70s, for goodness sake. Health coaching is huge right now, it really is.

Adele: And it so funny, I know that and yet it's like, where do I go? I think now there's just such a block, like where do I go to speak? I used to speak like in health clubs and I have, I'm speaking there more. I spoke at Whole Foods a couple of, two times, I guess it just seems like it's harder to get the bookings and maybe that's just in my head, because it used to be so easy. I mean, I would literally call somebody up and they would say, "*No, I'm not interested,*" by the time I got off the phone, we had booked it, because I just knew—

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Rev. Anne: Because you're good at it. Hang on, I'm going to call you on something, can I do that?

Adele: You can.

Rev. Anne: Second thing you said to me was, *"I'm not putting myself out there."* I wrote it down, and I can call you on it. You said, *"I'm not putting myself out there."* That's what's going on. It's not because of the other stuff, it's because you've created a story somewhere in your mind, that *"I can't put myself out there,"* for whatever reason, *"I need to do it this way, I should do it over here, I should do that."* Just go back to the basics, which is what you were doing in the beginning.

All right, let's do some tapping on it. I think that this is really good, but let's do some tapping on why you're not putting yourself out there.

Why aren't you putting yourself out there? [Laughs] *"I should be doing it another way."* What's really going on, Adele? Why aren't you putting yourself out there?

Adele: I think maybe part of it is...I have to kind of go out there. Maybe it's like I have to get dressed and I have to like—maybe that's it. I think ever since I've done

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so much counseling on the phone and I know like, “*Oh no, I have to get dressed,*” and I don’t—

Rev. Anne: Yes! Thank you for your honesty. Oh! I have to get dressed!

Adele: Get my hair done and just kind of—

Rev. Anne: Do my hair, I have to do makeup, what? [Laughs]

Adele: It’s like, “*Ahh!*” But that, I think is the big thing.

Rev. Anne: Yeah! I want to be lazy! I love it, I love it, I want to be lazy, I don’t want to have to go do that.

Adele: It’s like, oh, just let them come to me because I’m really good. [Laughs]

Rev. Anne: Tapping—I love it, I love it. That’s so good. Let them come to me! Why do I have to market myself? I have to go out and market. [Laughs]

Adele: Yes, I think that’s what it is. I just feel like... you know that?

Rev. Anne: I know.

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Adele: So I'm like, I'm really good at what I do, I'm so intuitive, I can pick up things, and even myself, I mean, like I've done so much healing before I was even a health coach. I was diagnosed with lupus and rheumatoid arthritis like 20 years ago and before I was even a health coach, I said, *"You know what? I'm not going to have lupus and rheumatoid and I'm not even going to take an aspirin."*

Within two years, I had neither one of those. I really knew God was going to heal me and I had a lot to learn and so I can pick up things so easily. I have the restriction, I no longer need to wear glasses anymore. I'm straightened out, I'm standing up to—I mean, I can pick up things so easily, even on the phone, I can hear what's going on. Yeah.

I think it's, yeah, it's kind of like I almost feel like, oh gosh, I have to start all over again. It's my own fault because I just wasn't out there, so nobody even knew I existed. Anyway, that's my story.

Rev. Anne: All right. You have such a powerful story, this is so good. I just want them to come to me. Just say it after me: I just want them to come to me.

Adele: I just want them to come to me.

Rev. Anne: I don't want to have to put on makeup and do my hair and get all dressed up and go out and chase people down. I just want them to come to me.

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Adele: I just want them to come to me.

Rev. Anne: I just want them to come to me.

Adele: I just want them to come to me.

Rev. Anne: I wonder...

Adele: I wonder...

Rev. Anne: If I could make it fun.

Adele: I wonder if I could make it fun.

Rev. Anne: If I could just work on the things that really work.

Adele: If I could just play on the things that really work.

Rev. Anne: Yeah, thank you! [Laughs]

Adele: Work, that word does a job on you.

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Rev. Anne: [Laughs] Thank you! That was so good.

Just play on the things that really, really are effective.

Adele: Play on the things that are really so effective.

Rev. Anne: Things that I really do love doing.

Adele: Things that I really so love doing.

Rev. Anne: I get jazzed being in front of an audience.

Adele: I get so jazzed being in front of an audience.

Rev. Anne: I just have to get out of my own way.

Adele: I just have to get out of my own way.

Rev. Anne: And go ask for the speaking gigs.

Adele: And go ask for the speaking gigs.

Rev. Anne: That I can do.

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Adele: Thank I can do.

Rev. Anne: Because that will bring in the money.

Adele: That will bring in the money.

Rev. Anne: Not only that...

Adele: Not only that...

Rev. Anne: It will make a difference in people's lives.

Adele: It will make a difference in people's lives.

Rev. Anne: All I have to do it is once a week.

Adele: All I have to do is like once a week.

Rev. Anne: The rest of the time I can just stay in my pajamas if I want.

Adele: The rest of the time I can just stay in my pajamas if I want.

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Rev. Anne: I don't have to do my hair.

Adele: I don't have to do my hair.

Rev. Anne: I don't have to do my hair unless I'm going to go give a speaking gig.

Adele: Unless I'm going to go do a speaking engagement.

Rev. Anne: Yeah. Nice deep breath.

That was so good. Every single person on this call is going, “*Uh-huh, uh-huh, uh-huh.*” [Laughs] Yep, that's what I want, too!

Adele: So that's true and so much appealing is fun and that's just like, I should just have somebody, I was even thinking of getting kids to just work on commission, just set up all the dates for me to go out and speak and then I'd just go out and speak because then I just have like the funnest time.

Rev. Anne: There you go. Figure out a way to make it fun. How can I make it fun? That's it. Really, really good, Adele. Thank you for playing with me.

Adele: Thank you for playing with me.

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Rev. Anne: Awesome, yeah, it was really great. Thank you.

All right. At this point I want to do some tapping on the conversations or the fears, the things that you guys sent to me, which was so great and thank you so much for doing that. I did write down before we started what some of these were around the money:

I'm just not making enough in my healing business.

I find it so hard to charge a fee.

I want more money, but I feel guilty asking for more.

Can it be easy? How could it be easy?

I'm really trying to start my business, but where's the money going to come from?

I have these dry spells, I'm struggling with lack. I'm struggling with a lack of clients and a lack of income.

I want to grow my list with these great clients who have a desire to buy, but I don't know how to do that or it's just taking so long.

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Where's the money going to come from?

That's the work we're going to be doing some tapping on right now, as a group. So, everybody, just play with me here, we're going to do some tapping, so you can do your karate chop or you can do your sore spot, either way.

I'm just not making enough money in my business.

I want to make more.

You can say it to yourself, you can say it in your head, you can just listen as I do it, but do some rubbing of your sore spot or the tapping on the karate chop while you do this.

I'm not making enough! I'm not making enough.

Where is the money going to come from?

I find it so hard to charge money and to charge really what I'm worth.

How is that possible?

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I know the difference that my work makes, but it's really scary to charge what I'm worth.

What will people think?

They'll think I'm just greedy.

If I ask for what I really want to charge, I don't think people will pay for it.

Because sometimes they get kind of polite and they just go, "Okay, thank you."

They don't actually buy, they don't say yes, they don't become clients.

I know the difference that my work can make.

Start tapping.

I'm just not making enough.

I really want to make more.

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I find it so hard to ask.

I don't want it to be hard; I want it to be easy.

I really want to make more money.

I feel guilty asking for more.

I feel greedy.

I feel sinful.

I feel naughty.

I just want my bank account to grow.

Can it please just grow and expand?

Have more and more money in there, that would be so awesome!

Does it have to be hard?

I just want it to be fun.

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I just want it to be fun.

I don't want to feel badly about wanting money.

I don't want to feel guilty about wanting money.

As a matter of fact, I want to feel fabulous about wanting money.

I want to feel good about wanting money.

I want to feel good about asking for money.

I don't want to feel ashamed.

I don't want to feel like I'm taking more than my fair share.

I want to feel good about it.

The Divine is unlimited!

Spirit is unlimited!

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The Universe is unlimited!

Why would I feel guilty about asking for an abundance?

Maybe the only thing stopping me is me.

Maybe the only thing stopping me from having more is me.

My feelings of not enough.

My feelings of not being good enough.

My feelings that it's too hard.

If that's the case, I wonder if I could just relax a little bit and trust.

And trust that it is true that the abundance that exists is also there for me.

That the abundance that the Divine has is for me as well.

That maybe I can create money when I want it.

I can learn how to do that.

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Other people have, why not me?

Why not me?

I'm willing.

I'm willing to learn.

I don't know what it looks like, but I do know that there are others who've done it and I can learn, too.

I am willing to say yes.

I'm willing to receive.

I'm willing to be abundance in expression.

I don't know what that looks like in this moment, at least not in my business.

I know what it looks like in other areas of my life.

If I look in my pantry, there's abundance.

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If I turn on the water, there's abundance.

So why not have abundance in my bank account?

Why not see abundance in my client list?

Why not experience abundance in my mindset as well?

I can do that.

I can be abundance.

I can have abundance.

I can receive abundance.

I can be abundance.

I can experience abundance.

I say yes to abundance.

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And so it is.

All right, everyone. Take a nice, deep breath. If you have water with you, you're going to want to drink some water later so you have the opportunity to do some more clearing.

Allow the energy just to clear it out.

Have a great evening this evening.

I'm going to close with a blessing and we will see you next week and in the Facebook forum.

Nice, deep breath.

You are here to bring your work into the world in a powerful, abundant way.

People are waiting for you to step up, to share who you are with them, to not be afraid, but to shine your light.

They're looking for you to do that because when you do that, they can do that.

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They know then what it is to shine their light, what it is to be powerful in their intuition, what it is to be one with the Divine, because as you share that with them, they then take it on and do that with others.

It is of value.

People want it, and they will pay for it. They truly will.

You say yes to it first.

Say yes: it is okay for me to have this in my life and it is of value.

And share that with them.

Take that into the world, go share your beautiful brilliance with the world, your sacred gifts.

Allow the abundance to show up in your life.

And so it is.



All right, everyone, go get your Divine on, we'll see you next week. Bye!

Divine hugs,

Anne

Rev. Anne Presuel
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